

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	10:00 AM - Coconut
Ongoing Services & Programs: Weekly Ambassador Rounds, Daily Mail &/or Package Delivery, Daily Birthday Recognition, AM & PM Movies (Channel 38), Additional 1:1 Visits (as available), Regular Diet Menu Delivery (by request only), Wellness & Care Plan Meetings (as scheduled), Activity "Take-Out" Menu Delivery (by request), New Admission Welcome Visits & Assessments, Hair Salon – Wednesdays (sign up at front desk), Lunch in Dining Hall (assigned residents, Monday–Friday), Daily Facility Intercom Announcements & Pledge of Allegiance, Harford County Public Library Silver Reader Program (assigned residents) Outdoor Patio			10:00 AM - BBQ Chips Traveling Cart (RR) 2:00 PM - Food Committee (A) Barbeque Day	10:00 AM - Coconut Themed Traveling Cart (RR) 2:00 PM - Bingo (A) World Coconut Day.	10:45 AM - St. Ignatius Catholic Mass & Rosary (A) & 1:1 Prayer / Communion (RR) 2:00 PM - Bowling Activity (A) U.S. Bowling League Day	10:00 AM - Wildlife Traveling Cart (RR) 11:00 AM - Dance Party (H) 2:00 PM - Mark Rutter Live Music Event (A) National Wildlife Day	10:00 AM - Outdoor Engagement (OP) 2:00 PM - Bingo (A) Play Outside Day
10:00 AM - 1:1 "I Once Was ..." Activity (RR) 2:30 PM - Rosary Group (A) Self-Awareness Sunday	10:00 AM - 1:1 Labor Day Activity (RR) 2:00 PM -1:1 Nail Salon & Hand Care (RR) Labor Day	10:30 AM - Oak Grove Ministry Live Event (A) 2:00 PM - Mr. Charisma Live Music Event (A) Physical Therapy Day	10:00 AM - 1:1 Music Activity (RR) 11:00 AM - Dance Party (H) 2:00 PM - Bingo (A) Shake Those Hips Day	10:00 AM - Sparkling Cider Traveling Cart (RR) 2:00 PM - HCPL Silver Reader Program Deliveries & Assorted Items Traveling Cart (RR) Port Wine Day	10:00 AM - Patriotic Themed Traveling Cart (RR) 2:00 PM - Patriotic Songs Karaoke (A) Patriot Day Rosh Hashanah Begins	10:00 AM - Oak Grove Ministry Live Event (A) 2:00 PM - Bingo (A) Day of Encouragement	
10:00 AM - Assorted Items Traveling Cart (RR) 2:30 PM - Rosary Group (A) Grandparents Day	10:00 AM - Pet Therapy "Peaches" (RR, TG) 2:00 PM - Oak Grove Bible Study (A) Emmy Awards	10:00 AM - Arts & Crafts (A) 2:00 PM - Movie Matinee: "Uncle Buck" (A) Dot Day	10:00 AM - Chips & Guacamole Traveling Cart (RR) 2:00 PM - Bingo (A) Guacamole Day	10:00 AM - 1:1 Music Activity (RR) 11:00 AM - Dance Party (H) 2:00 PM - Country Songs Karaoke (A) Country Music Day	10:00 AM - Monthly Birthday Traveling Cart (RR) 2:00 PM - Veteran's Group with Gilchrist (A) US Air Force Day	10:00 AM - Apple Themed Traveling Cart (RR) 2:00 PM - Bingo (A) Eat an Apple Day	
10:30 AM - Pet Therapy "Annie" (RR) 2:30 PM - Rosary Group (A) Yom Kippur Begins	10:00 AM -1:1 Mini Golf Activity (RR) 2:00 PM - Resident Council (A) Minature Golf Day	10:00 AM - Fresh Baked Cookies Traveling Cart (RR) 2:00 PM - Movie Matinee: "Cannonball Run" (A) Autumn Begin	10:00 AM - Snack Stick Themed Traveling Cart (RR) 2:00 PM - Bingo (A) Snack Stick Day	10:00 AM - 1:1 Dart Activity (RR) 2:00 PM - Trivia (A) Day of Darts	10:00 AM - Moon Pie Traveling Cart (RR) 11:00 AM - Dance Party (H) 2:00 PM -Ernie Zegers Live Event (A) Sukkot Begins	10:00 AM - Pet Therapy "Bentley" (RR) 2:00 PM - Bingo (A) Full "Harvest" Moon	
10:00 AM - Chocolate Traveling Cart (RR) 2:30 PM - Rosary Group (A) Milk Chocolate Day	10:00 AM - Pet Therapy "Peaches" (RR, TG) 2:00 PM -1:1 Nail Salon & Hand Care (RR) Family Day	10:00 AM - Coffee Traveling Cart (RR) 2:00 PM - Movie Matinee: "Planes, Trains, & Automobiles" (A) Coffee Day	10:00 AM - 1:1 & Monthly Newsletter / Calendar Distribution (RR) Last Day of September	September 2026 Sterling Care Forest Hill			

* Residents, Family Members & Visitors Are Welcome to Participate in Activities.
 *Activity Calendar (Activities, Times, Location) is Subject to Change. * Location Guide: A = Activity Room, DR = Dayroom, H = Hallway, OP = Outdoor Patio, RR = Resident Room, TG = Therapy Gym