

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2026

Sterling Care Forest Hill

\* All Activities are Subject to Change

\* All Residents (as well as their visitors), are Welcome and Encouraged to Participate

10:00 AM - April Fool's Day  
Traveling Cart (RR)

2:00 PM - Bingo (A)



All Fools' Day  
Full "Pink" Moon

10:45 AM - St. Ignatius Catholic Mass & Rosary (A) & 1:1 Prayer & Communion (RR)

2:00 PM - PB & J Day Traveling Cart (RR)



Holy Thursday

10:00 AM - Easter Bunny Visits (RR)

2:00 PM - Easter Traveling Cart (RR)



Holy Friday

10:00 AM - 1:1 / Music & Movement (RR)

2:00 PM - Bingo (A)



Get Your Groove On Day

10:00 AM - 1:1 (RR)


2:30 PM - Rosary Group (A)



Easter Sunday

10:00 AM - Monthly Birthday Traveling Cart (RR)


2:00 PM - Food Committee (A)



Geologists' Day

10:00 AM - 1:1 / Meditation (RR)


2:00 PM - Chair Exercise & Meditation (A)



World Health Day

10:00 AM - Arts & Crafts (RR)

2:00 PM - Bingo (A)




Draw a Bird Day

10:00 AM - 1:1 / Math Fun (RR)

1:15 PM - HCPL Silver Reader

2:00 - Magazines & Books Traveling Cart (RR)



Mathematics Day

10:00 AM - Crosswords Traveling Cart (RR)

2:00 PM - Keil Holland Live Event (A)



Crossword Puzzle Day

10:00 AM - Oak Grove Ministry Live Event (A)


2:00 PM - Bingo (A)



Parkinson's Day

10:00 AM - 1:1 (RR)


2:30 PM - Rosary Group (A)



Drop Everything and Read Day

10:00 AM - Pet Therapy "Peaches" (RR, TG)


2:00 PM - Oak Grove Bible Study (A)



Scrabble Day

10:45 AM - Oak Grove Ministry Live Event (A)


2:00 PM - Mr. Charisma Live Event (A)



Moment of Laughter Day

10:00 AM - Arts & Crafts (RR)


2:00 PM - Bingo (A)



World Art Day

10:00 AM - Banana Traveling Cart (RR)


2:00 PM - Trivia (A)



Banana Day

10:00 AM - 1:1 / Smell & Guess the Herb Game (RR)

2:00 PM - Ernie Zegers Live Event (A)



Herbal Remedies Day

10:00 AM - Animal Crackers Traveling Cart (RR)


2:00 PM - Bingo (A)



Animal Crackers Day

10:00 AM - 1:1 (RR)

2:30 PM - Rosary Group (A)



Hanging Out Day

10:00 AM - 1:1 / Music Videos (RR)

2:00 PM - Resident Council (A)



Humor for Your Health Day

10:00 AM - 1:1 / Heads or Tails Day Activity (RR)

2:00 PM - Movie Matinee "Field of Dreams" (A)



Field of Dreams Anniversary

10:00 AM - Fresh Baked Cookies / Chocolate Globes Traveling Cart (RR)

2:00 PM - Bingo (A)



Earth Day

10:00 AM - Shirley Temple Drink Traveling Cart (RR)

2:00 PM - Gardening Group (DR)



Shirley Temple Day

10:00 AM - Baseball Themed Traveling Cart (RR)


2:00 PM - Karaoke (A)



Wear Baseball Gear

10:00 AM - Pet Therapy "Bentley" (RR)


2:00 PM - Bingo (A)



World Healing Day

10:00 AM - Pet Therapy "Annie" (RR)


2:30 PM - Rosary Group (A)



Happy Birthday, Carol Burnett

10:00 AM - Pet Therapy "Peaches" (RR, TG)


2:00 PM - Oak Grove Bible Study (A)



Babe Ruth Day

10:00 AM - 1:1 / Lawn Games (RR)


2:00 PM - Lawn Games (A)



Love Your Lawn Day

11:00 AM - Resident & Staff Hallway Dance Party (H)

2:00 PM - Bingo (A)



International Dance Day

9:00 AM - 4:00 PM: 1:1 & Distribution of Monthly Newsletter / Calendars (RR)



Last Day of April

- \* Daily Facility Intercom Announcements & Pledge of Allegiance
- \* Daily Delivery of Mail and / or Packages
- \* Recognition of Birthdays (on actual Birthday)
- \* Lunch in Dining Hall (Monday - Friday)
- \* AM & PM Movies for In Room Viewing on Channel 38
- \* Delivery of Activity "Take Out" Menu (per requests)
- \* Additional 1:1 Visits (when time allows)
- \* Meet / Greet, Activity Welcome Pack & Assessments of New Admissions
- \* Wellness & Care Plan Meetings (as scheduled)
- \* Delivery of Regular Diet Menus (per request for Regular Diet Only)
- \* Weekly Ambassador Rounds \* Hair Salon on Wednesdays



Location Guide: A = Activity Room, DR = Dayroom, H = Hallway, OP = Outdoor Patio, RR = Resident Room, TG = Therapy Gym