

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 Sterling Care Forest Hill (All Activities are Subject to Change)				10:00 AM - 1:1 (RR) New Year's Day 2026	10:00 AM - Full Moon Traveling Cart (RR) 2:00 PM - Layla Wilson Harpist Live Event (A) Saint Basil's Day	10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Bingo (A) Full "Wolf" Moon
10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Rosary Group (A) Billboard Day	10:00 AM - Arts & Crafts (DR) 2:00 PM - Food Committee (A) Bird Day	10:00 AM - Shortbread Cookies Traveling Cart (RR) 2:00 PM - Anthony Broccolina Live Event (A) Shortbread Cookie Day	10:00 AM - Arts & Crafts (DR) 2:00 PM - Bingo (A) Old Rock Day	10:45 AM - St. Ignatius Catholic Mass & Rosary (A) & 1:1 Prayer & Communion (RR) 2:00 PM - 1:1 (RR) Wear Argyle Day	10:00 AM - Apricot Raspberry Cookies Traveling Cart (RR) 2:00 PM - Karaoke (A) Apricot Day	10:00 AM - Oak Grove Ministry Live Event (A) 2:30 PM - Bingo (A) Surprise Saturday
10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Rosary Group (A) Let It Snow Day	10:00 AM - Pet Therapy "Peaches" (RR, TG) 2:00 PM - Oak Grove Bible Study (A) Clean Your Desk Day	10:45 AM - Oak Grove Ministry Live Event (A) 2:00 PM - Mr. Charisma Live Event (A) Ring, Ring Day	10:00 AM - 1:1 Wintertime Memories (RR) 2:00 PM - Bingo (A) Wintertime Memories Day	10:00 AM - Chocolate Coins Traveling Cart (RR) 2:00 PM - 1:1 (RR) Coin Day	10:00 AM - Fig Newton Traveling Cart (RR) 2:00 PM - Bobby Bassett Live Event (A) Fig Newton Day	10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Bingo (A) Snowflake Day
10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Rosary Group (A) Religion Day	10:00 AM - Monthly Birthday Traveling Cart (RR) 2:00 PM - Resident Council (A) Martin Luther King Jr. Day	10:00 AM - Coffee & Chat (DR) 2:00 PM - Movie Matinee (A) Penguin Awareness Day	10:00 AM - Granola Bar Traveling Cart (RR) 2:00 PM - Bingo (A) Granola Bars Day	10:00 AM - Automated Cat "Sterling" Visits (RR) 2:00 PM - Cat Themed Traveling Cart (RR) Answer Your Cat's Question Day	10:00 AM - Fresh Baked Cookies Traveling Cart (RR) 2:00 PM - Ernie Zegers Live Event (A) First Rock and Roll Hall of Fame	10:00 AM - Pet Therapy "Bentley" (IR) 2:30 PM - Bingo (A) Compliment Day
10:30 AM - Pet Therapy "Annie" (RR) 2:30 PM - Rosary Group (A) National IV Nurse Day	10:00 AM - Pet Therapy "Peaches" (RR, TG) 2:00 PM - Oak Grove Bible Study (A) Bible Day	10:00 AM - Iced Tea Traveling Cart (RR) 2:00 PM - Trivia (A) Tea and Trivia Tuesday	10:00 AM - Musical Instruments Traveling Cart (RR) 2:00 PM - Bingo (A) Kazoo Day	10:00 AM - Puzzle Fun (RR) 2:00 PM - Puzzle Fun (A) Puzzle Day	9:00 AM - 4:00 PM: 1:1 & Distribution of February Newsletter / Calendars (RR) Draw a Dinosaur Day	10:00 AM - 1:1 (RR) & / or Small Group (DR) 2:30 PM - Bingo (A) Last Day of January

Location Guide: A = Activity Room, DR = Dayroom, RR = Resident Room, TG = Therapy Gym
 * All residents, as well as their visitors, are welcome and encouraged to participate in activities.