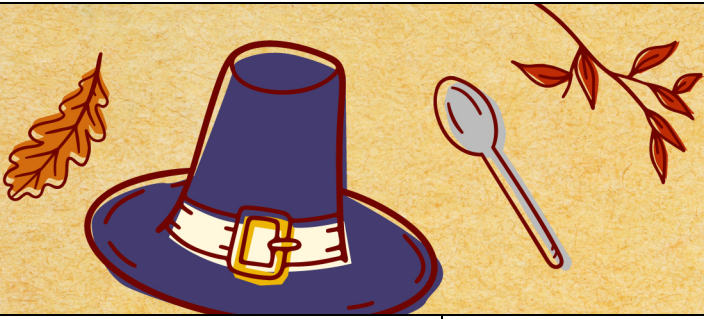
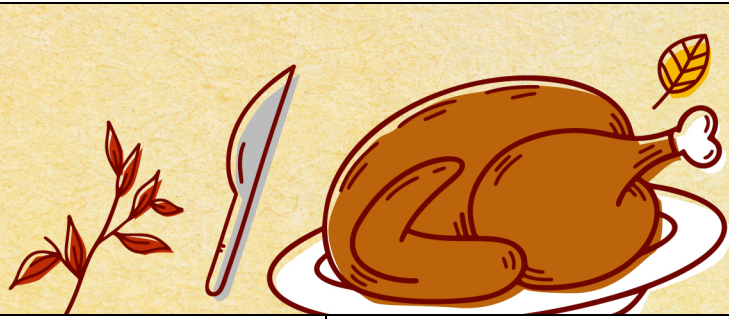
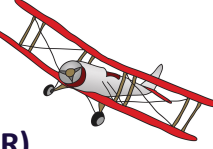
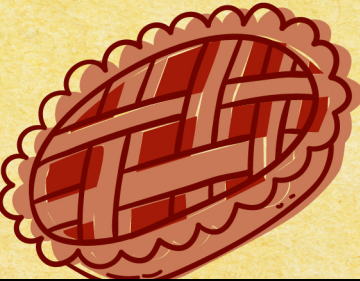


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Sterling Care Forest Hill 						
9:00 AM - 4:00 PM: 2 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  Daylight Saving Time Ends	10:00 AM - PB & J Uncrustables Sandwich Traveling Cart (IR) 3 2:00 PM - Food Committee (A)  Sandwich Day	10:00 AM - Fresh Baked Cookies Traveling Cart (IR) 4 2:00 PM - Mr. Charisma Live Event (A)  National Easy-Bake Oven Day	10:00 AM - Moon Pies Traveling Cart (IR) 5 2:00 PM - Bingo (A)  Full "Beaver" Moon	10:45 AM - St. Ignatius Catholic Mass & Rosary (A) & 1:1 Prayer & Communion (IR) 6 2:00 PM - Card & Board Games (DR)  International Games Day	10:00 AM - Arts & Crafts (DR) 7 2:00 PM - Karaoke (A)  Wear Favorite Jersey Day	10:00 AM - Pet Therapy "Bentley" (IR) 1  2:00 PM - Bingo (A) All Saints ' Day
9:00 AM - 4:00 PM: 9 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  Mum's the Word Today	10:00 AM - Pet Therapy "Peaches" (IR, TG) 10 2:00 PM - Oak Grove Bible Study (A)  Marine Corps Anniversary	10:45 AM - Oak Grove Ministry Live Event (A) 11 2:00 PM - Veteran's Day Event (A)  Veterans Day	10:00 AM - Brain Games (1:1), (DR) 12 2:00 PM - Mocktails & Music Gathering (A)  Mocktail Day	10:00 AM - Meditation (A) 13 1:00 PM - Pet Therapy "Elsa" (IR)  *HCPL Silver Reader Visits World Kindness Day	10:00 AM - Puzzle Play (DR) 14 2:00 PM - Ernie Zegers Live Event (A)  World Diabetes Awareness Day	10:00 AM - Traveling Karaoke Cart (IR) 15 2:00 PM - Bingo (A)  Sing a Song Saturday
9:00 AM - 4:00 PM: 16 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  Aviation History Day	10:00 AM - Arts & Crafts (DR) 17 2:00 PM - Resident Council (A)  World Peace Day	10:00 AM - Apple Cider Traveling Cart (IR) 18 2:00 PM - Anthony Broccolina Live Event (A)  National Apple Cider Day	10:00 AM - Pop-Tarts Traveling Cart (IR) 19 2:00 PM - Bingo (A)  National Pop-Tarts Day	10:00 AM - Writing Activities (DR) 20 2:00 PM - Gardening Group (DR)  National Writing Day	10:00 AM - Ritz Crackers Traveling Cart (IR) 21 2:00 PM - Bobby Bassett Live Event (A)  Puttin' On the Ritz Day	10:30 AM - Chair Exercise & Meditation (A) 22 2:00 PM - Bingo (A)  Go for a Ride Day
10:30 AM - Pet Therapy "Annie" (IR) 23 1:00 PM - 1:1 Visits (IR)  Doctor Who Day	10:00 AM - Pet Therapy "Peaches" (IR, TG) 24 2:00 PM - Oak Grove Bible Study (A)  National Bible Week	10:00 AM - Meditation (1:1) (DR) 25 2:00 PM - Just Having Fun Singers Live Event (A)  National Blaze Day	10:00 AM - Monthly Birthday Traveling Cart (IR) 26 2:00 PM - Bingo (A)  National Cake Day	9:00 AM - 4:00 PM: 27 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  Thanksgiving Day (U.S.)	10:00 AM - Name that Tune (1:1) 28 2:00 PM - Karaoke (A)  National Day of Listening	10:00 AM - Chocolate Traveling Cart (IR) 29 2:00 PM - Bingo (A)  National Chocolates Day
9:00 AM - 4:00 PM: 30 1:1 and Distribution of December Newsletter / Calendars (IR)  Last Day of November	 * All Activities are Subject to Change 					

Location Guide: A = Activity Room, DH = Dining Hall, DR = Dayroom, H = Hallway, IR = In Resident Room, OP = Outdoor Patio, TG = Therapy Gym
* All residents, as well as their visitors, are welcome and encouraged to participate in activities.