Sterling Care Rockville Nursing

3:30 (1DR) Refreshments

October 2025

3:30 (1DR) Refreshments

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities are Subject to			1 Yom Kippur	2	3	4
Change. Although we			9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips	9:30 AM Visits & Deliveries	9:30 Morning Hello's
make every effort to maintain consistency in			10:00 (1DR) Steamy Sips	11:00 (1DR) Hymn Sing – Bible Study	10:00 (1DR) Steamy Sips	11:00 (1DR) Weekend Stretches
the schedule, unforeseen			11:00 (1DR) Sit & Stretch	12:00 Dining Room Lunch 2:30 (1DR) The Day of	11:00 (1DR) Move & Grove	2:30 (1DR) BINGO
circumstances occasionally arise*			11:00 (3) Room Visits	Atonement 3:00 (1DR) Show Tunes by	12:00 Dining Room Lunch	00000
(2) Second Floor			12:00 Dining Room Lunch	Steve	2:30 (1DR) Who Am I?	BUVGO
(3) Third Floor (1DR) First Floor Dining			2:30 (1DR) Manicures & Music		3:30 (1DR) Refreshments	3:30 (1DR) Refreshments
Room 5	6 Sukkot Begins at	7	8	9	10	11
9:30 Morning Visits	Sundown	9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	9:30 Morning Hello's
_	9:30 AM Visits & Deliveries	10:00 (1DR) Steamy Sips		10:00 (1DR) Steamy Sips		
10:30 Virtual Catholic Mass	10:00 (1DR) Steamy Sips	11:00 (1DR) Word Game	10:00 (1DR) Steamy Sips	11:00 (1DR) Hymn Sing-	10:00 (1DR) Steamy Sips	11:00 (1DR) Weekend
First Floor Dining Room	11:00 (1DR) Keep Moving!	11:00 (3) Friendly Visits 12:00 Dining Room Lunch	11:00 (1DR) Let's get	Bible Study	11:00 (1DR) Wise Moves	Stretches
	11:00 (2) Room Visits	12.00 Diffing Room Lunch	Physical	12:00 Dining Room Lunch	11.00 (1DK) Wise Moves	2:30 (1DR) BINGO
	12:00 Dining Room Lunch	2:30 (1DR) Get Together	i nyolodi	12:00 Emily Room Earlon	12:00 Dining Room Lunch	2.00 (1511) 5.1100
	3	3:00 (1DR) Oktoberfest	11:00 (3) Room Visits	2:30 (1DR) Travelogue:		N/Can
	2:30 (1DR) Worship	Celebration with The		Destination: California	2:30 (1DR) All About	
11:00 (1DR) Hand Massages	Service First Baptist Church Rockville	Oompah Boys Quartet	12:00 Dining Room Lunch	Dreamin'	Crackers & Cheeses/ Tea Time	
3:00 (1DR) Music	#FIRST BAPTIST			HOLLYWOOD		
Performance with The Tacy Foundation	3:30 (1DR) Trivia Time	OKTOBERFES!	2:30 (1DR) Arts & Crafts	CAUFERNA		3:30 (1DR) Refreshments
12	12	11	15	3:30 (1DR) Refreshments	17	18
	13 Columbus Day	14		16		
9:30 Morning Visits	Indigenous Peoples' Day 9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips	9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips	9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips	9:30 Morning Hello's
10:30 Virtual Catholic Mass	10:00 (1DR) Steamy Sips	10:00 (1DR) Steamy Sips	11:00 (1DR) Keep Moving	11:00 (1DR) Hymn Sing –	11:00 (1DR) Let's Stretch	11:00 (1DR) Weekend
First Floor Dining Room	11:00 (1DR) A.M. Stretches		11:00 (2) Room Visits	Bible Study	11:00 (3) Room Visits	Stretches
44.00 (400) 11114	11:00 (3) Room Visits	11:00 (1DR) Word Game	12:00 Dining Room Lunch	40.00 Bisiss Bassal and	12:00 Dining Room Lunch	0 00 (4DD) DINO
11:00 (1DR) Hand Massages	12:00 Dining Room Lunch	12:00 Dining Room Lunch	3:00 (1DR) Music	12:00 Dining Room Lunch	2:30 (1DR) Movie Matinee	2:30 (1DR) BINGO
3:00 (1DR) Music	2:30 (1DR) Indigenous People's Day Discussion	12.00 Dinning Room Lunch	Performance with Dave	2:30 (1DR) All About	Presents: The Elephant Whisperers	
Performance with The Yams	INDIGENOUS	2:30 (1DR) Manicures &	Weber	Chocolates	Williapel Gla	(12)
& To A - V A.	PEOPLES	Music				BINGO

Sterling Care Rockville Nursing October 2025 **Friday** Wednesday **Thursday** Sunday Monday **Tuesday** Saturday **22** 19 20 21 23 24 25 9:30 Morning Visits 9:30 AM Visits & Deliveries 9:30 Morning Hello's 10:30 Virtual Catholic Mass 10:00 (1DR) Steamy Sips 11:00 (1DR) Weekend **First Floor Dining Room** Stretches 11:00 (1DR) Let's get 11:00 (1DR) Keep Moving 11:00 (1DR) Word Game 11:00 (1DR) Fit & Fun 11:00 (1DR) Hym Sing-2:30 (1DR) BINGO Bible Study Physical 11:00 (2) Room Visits 11:00 (3) Room Visits 11:00 (2) Room Visits 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR) Baking Class 11:00 (1DR) Hand Massages 2:30 (1DR) Get Together 2:30 (1DR) Get Together 2:30 (1DR) Star of the 3:00 (1DR) Show Tunes by 3:00 (1DR) Tribute to Diane Month: Arnold Ross with God's TinGle 2:30 (1DR) Card Games 2:30 (1DR) Catholic Mass Steve Schwarzenegger with Father Nathanael 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Trivia Time 26 27 28 30 31 Halloween 9:30 Morning Visits 9:30 AM Visits & Deliveries *Activities are Subject to 10:30 Virtual Catholic Mass 10:00 (1DR) Steamy Sips Change. Although we First Floor Dining Room make every effort to 11:00 (1DR) Let's get 11:00 (1DR) Word Game 11:00 (1DR) Vibrant Moves 11:00 (1DR) Hymn Sing -11:00 (1DR) Rockville maintain consistency in Physical Bible Study **Nursery School** 11:00 (3) Room Visits 11:00 (2) Social Visits **Halloween Parade** the schedule, unforeseen 12:00 Dining Room Lunch 11:00 (1DR) Hand Massages 11:00 (2) Friendly Visits circumstances 12:00 Dining Room Lunch 12:00 Dining Room Lunch 12:00 Dining Room Lunch 12:00 Dining Room Lunch 2:30 (2) Group Activity 2:30 (1DR) Card Games occasionally arise* 2:30 (1DR) Get Together 2:30 (1DR) Manicures & 2:30 (1DR) Halloween (2) Second Floor **Costume Contest** 2:30 (1DR) Cooking Class Music 2:30 (1DR) Resident (3) Third Floor 3:00 (1DR) Monthly **Council Meeting** (1DR) First Floor Dining **Birthday Party with** Jeanette Harris Room 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments *Activities are Subject to Change*