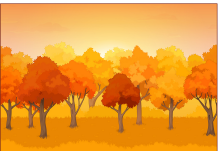
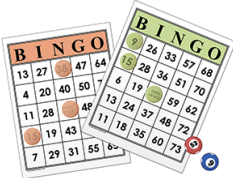


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Sterling Care Forest Hill			1 10:00 AM - Pumpkin Traveling Cart (IR) 2:00 PM - Bingo (A)  Pumpkin Spice Day	2 10:45 AM - St. Ignatius Catholic Mass & Rosary (A) + 1:1 Prayer & Communion (IR) 2:00 PM - Monthly Birthday Traveling Cart (IR)  Custodial Worker's Day	3 10:00 AM - Coloring, Card & Board Games (DR) 2:00 PM - Keil Holland Live Event (A)  Wear Denin Day	4 10:00 AM - Card Making Fun (DR) 2:00 PM - Bingo (A)  World Card Making Day
5 9:00 AM - 4:00 PM: 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  World Teachers' Day	6 10:00 AM - Moon Pies Traveling Cart (IR) 2:00 PM - Food Committee (A)  Full (Hunter's) Moon	7 10:00 AM - Brain Games (DR) 2:00 PM - Mr. Charisma Live Event (A)  Boost Your Brain Day	8 10:00 - Hero Survey (1:1) 2:00 PM - Bingo  National Hero Day	9 10:00 AM - Nail Salon (IR) 2:00 PM - "Beatles" Sing Along (A)  *Wear Sneakers Day *HCPL Silver Reader Visits John Lennon Day	10 10:00 AM - Meditation (DR) 2:00 PM - Cowboy Joe Live Event (A)  World Mental Health Day	11 10:00 AM - Oak Grove Ministry Live Event (A) 2:00 PM - Bingo (A)  Scarecrow Saturday
12 9:00 AM - 4:00 PM: 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  All About Acorns Day	13 10:00 AM - Pet Therapy "Peaches" (IR, TG) 2:00 PM - Oak Grove Bible Study (A)  Navy's Birthday	14 10:45 AM - Oak Grove Ministry Live Event (A) 2:00 PM - Fresh Baked Cookies Traveling Cart (IR)  National Dessert Day	15 10:00 AM - Lemon Bar Traveling Cart (IR) 2:00 PM - Bingo (A)  National Lemon Bar Day	16 10:00 AM - Cat Headband Traveling Cart (IR) 2:00 PM - SCFH Automated Cat "Sterling" Visits (1:1)  Global Cat Day	17 10:00 - Arts & Crafts (DR) 2:00 PM - Layla Wilson Harp Live Event (A)  National Pasta Day	18 10:00 AM - Pet Therapy "Bentley" (IR) 2:00 PM - Bingo (A)  A Batty Day
19 9:00 AM - 4:00 PM: 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  Hocus Pocus Holiday	20 10:00 AM - Nail Salon (IR) 2:00 PM - Resident Council (A)  "Monster Mash" Day	21 10:00 AM - Gardening Group (DR) 2:00 PM - Movie Matinee "Back to the Future" (A)  Back to the Future Day	22 2:00 PM - SCFH Automated Dog "Forest" Visits (1:1) 2:00 PM - Bingo (A)  Make a Dog's Day	23 10:00 AM - Nail Salon (IR) 2:00 PM - Trivia (A)  Medical Assistant's Recognitions Day	24 10:00 AM - Coloring, Card & Board Games (DR) 2:00 PM - Karaoke (A)  Photographer Appreciation Day	25 10:00 AM - Painting Fun (DR) 2:00 PM - Bingo (A)  International Artist Day
26 9:00 AM - 4:00 PM: 1:1 (IR), & / or Small Group (DR) & / or Assorted Items Traveling Cart (IR)  National Pumpkin Day	27 10:00 AM - Pet Therapy "Peaches" (IR, TG) 2:00 PM - Oak Grove Bible Study (A)  Navy Day	28 10:00 AM - Chocolate Traveling Cart (IR) 2:00 PM - Bobby Bassett Live Event (A)  National Chocolate Day	29 10:00 AM - Pet Therapy "Elsa" (IR, TG) 2:00 PM - Bingo (A)  International Day of Care & Support	30 10:00 AM - Guessing Game (1:1) 1:1 and Distribution of October Newsletter / Calendars (IR)  Candy Corn Day	31 10:00 AM - Candy Traveling Cart (IR) 2:00 PM - Halloween Parade (H) followed by Karaoke (A)  Halloween	* All Activities are Subject to Change

Location Guide: A = Activity Room, DH = Dining Hall, DR = Dayroom, H = Hallway, IR = In Resident Room, OP = Outdoor Patio, TG = Therapy Gym
* All residents, as well as their visitors, are welcome and encouraged to participate in activities.