Sterling Care Rockville Nursing **June 2025 Thursday** Sunday Monday **Tuesday** Wednesday Friday Saturday 6 7 1 Shavuot Begins at Sundown 9:30 AM Visits & Deliveries 9:30 Morning Hello's 9:30 AM Visits & Deliveries 9:30 Morning Visits 10:00 (1DR) Steamy Sips 11:00 (1DR) Word Game 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 11:00 (1DR) Weekend 10:00 (1DR) Steamy Sips 11:00 (2) Friendly Visits Stretches 10:30 Virtual Catholic Mass 11:00 (1DR) Fitness & Fun 11:00 (1DR) Hymn Sing -11:00 (1DR) Move & Grove First Floor Dining Room 11:00 (1DR) Let's Stretch 12:00 Dining Room Lunch 2:30 (1DR) BINGO Bible Study 11:00 (3) Room Visits 11:00 (2) Room Visits 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR) Worship Service 12:00 Dining Room Lunch 12:00 Dining Room Lunch 12:00 Dining Room Lunch **First Baptist Church** 11:00 (1DR) Hand Massages 3:00 (1DR) Echoes of Rockville 2:30 (1DR) Manicures & 2:30 (1DR) Cooking Class Nature 2:30 (1DR) About Shavuot **#**FIRST**BAPTIST** 3:00 Music Performance with Music ECHOES OF 3:30 (1DR) Refreshments The Tacy Foundation 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments NATURE 3:30 (1DR) Trivia Time 10 12 13 14 Flag Day 9:30 AM Visits & Deliveries 9:30 Morning Visits 9:30 AM Visits & Deliveries 9:30 Morning Hello's 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 11:00 (1DR) Word Game 10:00 (1DR) Steamy Sips 10:30 Virtual Catholic Mass 11:00 (1DR) Fitness & Fun 11:00 (1DR) AM Stretches 11:00 (1DR) Weekend **First Floor Dining Room** 11:00 (2) Friendly Visits 11:00 (3) Room Visits 11:00 (2) Room Visits Stretches 11:00 (1DR) Hymn Sing -11:00 (1DR) Keep Moving! Bible Study 12:00 Dining Room Lunch 2:30 (1DR) BINGO 12:00 Dining Room Lunch 12:00 Dining Room Lunch 11:00 (1DR) Hand Massages 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR) All About 3:00 (1DR) Ice Cream Party 2:30 (1DR) Pre- Father's 2:30 (1DR) Card Games 12:00 Dining Room Lunch Pineapple with **Day Celebration** The Caribbean Vibes Steel 2:30 (1DR Baking Class 2:30 (1DR) Star of the **Drum Band** 3:30 (1DR) Refreshments HAPPY FATHER'S DAY Month – Maureen Stapleton 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 15 17 18 21 16 **20** Summer Begins **Father's Day Juneteenth Day** 9:30 Morning Visits 9:30 AM Visits & Deliveries 9:30 Morning Hello's 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 11:00 (1DR) Hymn Sing 11:00 (1DR) Word Game 11:00 (1DR) Weekend 10:30 Virtual Catholic Mass 10:00 (1DR) Steamy Sips 11:20 (1DR) Zumba with 11:00 (3) Social Visits Stretches First Floor Dining Room 11:00 (1DR) Hand Massages 11:00 (1DR) Make a Move Latisha 12:00 Dining Room Lunch 12:00 Dining Room Lunch 11:00 (1DR) Let's Stretch 2:30 (1DR) Get Together 11:00 (2) Room Visits 3:00 (1DR) New Life Youth 2:30 (1DR) BINGO 12:00 Dining Room Lunch 11:00 (3) Room Visits **Orchestra** 3:00 (1DR) Performance 3:00 (1DR) Music

with The NK Dance Troupe

3:00 (1DR) Show Tunes

by Steve

3:30 (1DR) Refreshments

12:00 Dining Room Lunch

2:30 (1DR) Catholic Mass

with Father Nathanael

12:00 Dining Room Lunch

2:30 (1DR) Arts & Crafts

Performance with The Yams

Sterling Care Rockville Nursing				June 2025	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	9:30 AM Visits & Deliveries	26 9:30 AM Visits & Deliveries	27 Sunglasses Day	28 9:30 Morning Hello's
10:00 (1DR) Steamy Sips	10:00 (1DR) Steamy Sips	10:00 (1DR) Steamy Sips	10:00 (1DR) Steamy Sips		11:00 (1DR) Weekend Stretches
11:00 (1DR) Wise Moves	11:00 (1DR) Word Game	11:00 (1DR) Forever Active	11:00 (1DR) Hym Sing- Bible Study	9:30 AM Visits & Deliveries	2:30 (1DR) BINGO
12:00 Dining Room Lunch	11:00 (2) Friendly Visits	11:00 (3) Room Visits	12:00 Dining Room Lunch	10:00 (1DR) Steamy Sips	$O \rightarrow O$
2:30 (1DR Emoji Trivia			2:30 (1DR) Travelogue:	11:00 (1DR) Fitness & Fun	BINGO
3:30 (1DR) Refreshments	Birthday Party with		Germany	11:00 (2) Room Visits	to (sea core
2:30 (1DR) Card Games 3:30 (1DR) Refreshments	Countries Training	Meeting		12:00 Dining Room Lunch	3:30 (1DR) Refreshments
	LOPPY BERTHAN	3:30 (1DR) Refreshments		2:30 (1DR) Cooking Class	
				3:30 (1DR) Refreshments	
			3:30 (1DR) Refreshments		
30					
					*Activities are Subject
, , ,					to Change. Although we make every effort to
					maintain consistency ir
11:00 (3) Room Visits		— Charles Bowden			the schedule, unforeseen
12:00 Dining Room Lunch					circumstances
2:30 (1DR) Who Am I?					occasionally arise*
3:30 (1DR) Refreshments					(2) Second Floor (3) Third Floor (1DR) First Floor Dining
					Room
	23 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Wise Moves 12:00 Dining Room Lunch 2:30 (1DR Emoji Trivia 3:30 (1DR) Refreshments 3:30 (1DR) Steamy Sips 10:00 (1DR) Steamy Sips 11:00 (1DR) Fit & Fun 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR) Who Am I?	## Tuesday 23 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Wise Moves 12:00 Dining Room Lunch 2:30 (1DR Emoji Trivia 3:30 (1DR) Refreshments 12:00 Dining Room Lunch 3:00 (1DR) Monthly Birthday Party with Jeanette Harris 30 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Monthly Birthday Party with Jeanette Harris 10:00 (1DR) Fit & Fun 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR) Who Am I?	Monday 23 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Wise Moves 12:00 Dining Room Lunch 2:30 (1DR Emoji Trivia 3:30 (1DR) Refreshments 12:00 Dining Room Lunch 2:30 (1DR) Refreshments 230 9:30 AM Visits & Deliveries 11:00 (2) Friendly Visits 12:00 Dining Room Lunch 2:30 (1DR) Refreshments 12:00 Dining Room Lunch 3:00 (1DR) Monthly Birthday Party with Jeanette Harris 2:30 (1DR) Resident Council Meeting 3:30 (1DR) Refreshments 3:00 (1DR) Resident Council Meeting 3:30 (1DR) Refreshments 3:00 (1DR) Resident Council Meeting 3:30 (1DR) Refreshments	Tuesday 23 24 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Wise Moves 11:00 (1DR) Word Game 11:00 (1DR) Forever Active 11:00 (3) Room Visits 12:00 Dining Room Lunch 2:30 (1DR Emoji Trivia 3:00 (1DR) Monthly Birthday Party with Jeanette Harris 2:30 (1DR) Resident Council Meeting 3:30 (1DR) Refreshments 30 (1DR) Steamy Sips 11:00 (1DR) Refreshments 30 (1DR) Steamy Sips 11:00 (1DR) Refreshments 30 (1DR) Steamy Sips 11:00 (1DR) Refreshments 2:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Steamy Sips 3:30 (1DR) Refreshments 3:30 (1DR) Steamy Sips 3:30 (1DR) Refreshments 3:30 (1DR) Steamy Sips 3:30 (1DR) Refreshments 3:30 (1DR) Refreshments 3:30 (1DR) Steamy Sips 3:30 (1DR) Refreshments 3:30	## Wednesday 23 9:30 AM Visits & Deliveries 10:00 (1DR) Steamy Sips 11:00 (1DR) Wise Moves 11:00 (1DR) Word Game 11:00 (2) Friendly Visits 11:00 (1DR) Bernoji Trivia 3:30 (1DR) Refreshments 10:00 (1DR) Steamy Sips 11:00 (1DR) Refreshments 10:00 (1DR

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