



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> FEBRUARY 2024 STERLING CARE FROSTBURG VILLAGE SUNRISE VIEW ACTIVITY SCHEDULE </div>				WELCOME FEBRUARY 1 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 WELCOME FEBRUARY/ GROUNDHOG PREDICTIONS 12:00 LUNCH 1:45 CRAFT 3:00 ***** 4:00 INDEPENDENT ACT.	GROUND HOG DAY 2 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 WINTER OR SPRING 12:00 LUNCH 1:45 EDIBLE GROUNDHOG 3:00 ***** 4:00 INDEPENDENT ACT. Groundhog Day	SONGS OF THE HEART SATURDAY 3 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 SONGS FROM THE HEART 12:00 LUNCH 1:45 SATURDAY MATINEE 3:00 ***** 4:00 INDEPENDENT ACT.
GRAMMY AWARDS 4 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 CHURCH 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	MAKE BELIEVE MONDAY5 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 FAIRYTALES 12:00 LUNCH 1:45 BALLOON VOLLEY 3:00 ***** 4:00 INDEPENDENT ACT.	CHOPSTICKS DAY 6 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 SUNSHINE CLUB 12:00 LUNCH 1:45 LADIES TEA 3:00 ***** 4:00 INDEPENDENT ACT.	JOHN DEERE DAY 7 WEAR GREEN AND YELLOW 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION/HYMNS 12:00 LUNCH 1:45 HAPPY HOUR 3:00 (meeting) 4:00 INDEPENDENT ACT.	HASHBROWNS DAY 8 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 TRIVIA 12:00 LUNCH 1:45 CRAFT (VALENTINE'S) 3:00 ***** 4:00 INDEPENDENT ACT.	NATIONAL PIZZA DAY 9 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 ARMCHAIR TRAVEL 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	STORY TELLING DAY 10 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 TELL A STORY 12:00 LUNCH 1:45 SATURDAY MATINEE 3:00 ***** 4:00 INDEPENDENT ACT. Chinese New Year (Year of the Dragon)
SUPERBOWL SUNDAY11 CHIEFS VS 49ERS 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE SUPER BOWL WATCH PARTY	WEAR HEARTS DAY 12 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 COFFEE/CHAT 12:00 LUNCH 1:45 NO BAKE BROWNIES 3:00 ***** 4:00 INDEPENDENT ACT.	MARDI GRAS 13 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 CARD CLUB 12:00 LUNCH 1:45 FOOD COMMITTEE 3:00 ***** 4:00 INDEPENDENT ACT. Mardi Gras	VALENTINE'S DAY 14 WEAR RED AND PINK DAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION/HYMNS 12:00 LUNCH 1:30 VALENTINE'S BALL 3:00 DJ MUSIC EXPRESS 4:00 INDEPENDENT ACT. Valentine's Day	THINK ABOUT IT 15 THURSDAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 TRIVIA 12:00 LUNCH 1:45 CRAFT 3:00 ***** 4:00 INDEPENDENT ACT.	GIRL SCOUT COOKIE16 DAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 ARMCHAIR TRAVEL 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	SPUD DAY 17 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 MUSIC AND MOVEMENT 12:00 LUNCH 1:45 SATURDAY MATINEE 3:00 ***** 4:00 INDEPENDENT ACT.
NBA ALL STAR GAME18 DAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 CHURCH 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	PRESIDENT'S DAY 19 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 COFFEE/CHAT 12:00 LUNCH 1:45 LEARNING TO USE TECHNOLOGY 4:00 INDEPENDENT ACT. Presidents' Day	SPRING IS IN THE AIR20 DAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 SUNSHINE CLUB 12:00 LUNCH 1:45 RESIDENT COUNCIL 3:00 ***** 4:00 INDEPENDENT ACT.	STICKY BUN DAY 21 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION/HYMNS 12:00 LUNCH 1:45 CHAIR YOGA 3:00 ***** 4:00 INDEPENDENT ACT.	MARGARITA DAY 22 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 TRIVIA 12:00 LUNCH 1:45 CRAFT 3:00 ***** 4:00 INDEPENDENT ACT.	PJ'S AND PANCAKES23 DAY 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 ARMCHAIR TRAVEL 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	SAFARI SATURDAY 24 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 VIRTUAL SAFARI 12:00 LUNCH 1:45 SATURDAY MATINEE 3:00 ***** 4:00 INDEPENDENT ACT.
SUBMARINE DAY 25 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION 12:00 LUNCH 1:45 BINGO 3:00 BINGO STORE 4:00 INDEPENDENT ACT.	FRIEND FOREVER DAY 26 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 COFFEE/CHAT 12:00 LUNCH 1:45 WORD GAMES 3:00 ***** 4:00 INDEPENDENT ACT.	NATIONAL RETRO DAY 27 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 SUNSHINE CLUB 12:00 LUNCH 1:45 MENS MEET UP 3:00 ***** 4:00 INDEPENDENT ACT.	TOOTH FAIRY DAY 28 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 DEVOTION/ HYMNS 12:00 LUNCH 1:45 CHAIR YOGA 3:00 ***** 4:00 INDEPENDENT ACT.	LEAP DAY 29 8:30 CHRONICLE/NEWS/MAIL 9:00 1:1 VISITS 10:00 TRIVIA 12:00 LUNCH 1:30 DAVE HILL/SINGING 3:00***** 4:00 INDEPENDENT ACT.	<div> WE WILL MAKE EVERY EFFORT TO FOLLOW THE DAILY SCHEDULE, HOWEVER, WE WILL NOTIFY YOU IN ADVANCE OF ANY CHANGE HAPPY VALENTINE'S DAY  </div>	