











Sterling Care South Mountain

May Activities Calendar 2023

14th-20th National Nursing Home Week

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1) 9:00 Morning Visits 10:00 Coffee Hour CH 10:30 Puzzle Club LT 2-3:30 BINGO JHR 4:00 In Room Visits	2) 9:00 Morning Visits 9:30 Pet Visits  10:00 Manicure 2:00 Chess Club 4:00 In Room Activity	3) 9:00 Morning Visits 10:00 Craft's CH 1-3pm Spiritual Visits 2-3:30 Birthday Party 4:00 In Room Activity	4) 9:00 Morning Visits 10:00 Traveling Library Cart - All Floors 2-3:30 BINGO 4:00 In Room Activity	5) 9:00 Morning Visits 10:00 Coffee Hour CH 2:00 Resident Council 3:00 Food Council CH 4:00 In Room 1/1s	6) 9:00 Morning Visits 10:00 Table Games CH 2:00 Pictionary CH 4:00 In Room 1/1s Family/ Friends
7) Morning Visits 10:00 In Room Activity 3:00 Church Services Gospel Movie JHR Family/Friend Visits	8) Beauty Shop 10:00 Coffee Hour CH 10:30 Card Games 1-1 2-3:30 BINGO JHR 4:00 In Room Visits	9) 9:00 Morning Visits 9:30 Pet Visits 10:00 Manicures CH 2:00 Art Bingo CH 4:00 In Room Activity	10) 9:00 Morning Visits 10:00 Exercise CH 1-3pm Spiritual Visits 2-3:30 Mothers Day Social JHR	11) 9:00 Morning 10:00 Traveling Library Cart- All Floors 2:00 Gospel Strings LT 4:00 In Room Activity	12) 9:00 Morning Visits 10:00 Coffee Hour CH 2:00 Bowling CH 4:00 In Room 1/1s	13) 9:00 Morning Visits 10:00 Art Bingo CH 2:00 Badminton CH 4:00 In Room 1/1s Family/ Friends
14) Mother's Day Morning Visits  10:00 Ladies Tea 3:00 Church services Pastor Fraley JHR Family/Friend Visits	15) 9:00 Morning Visits 10:00 Coffee Hour CH 10:30 Puzzle Club 2-3:30 BINGO CH Root Beer Float 	16) 9:00 Morning Visit 9:30 Pet Visits 10:00 Manicures CH 2:00 Chess Club Nachos-Cheese 	17) 9:00 Morning Visits 10:00 Jewelry Making 1-3pm Spiritual Visits 2:00 Serving  Hot Dogs	18) 9:00 Morning Visits 10:00 Traveling Library Cart - All Floors 2:00 Serving  Pretzels 4:00 In Room Activity	19) 9:00 Morning Visits 10:00 Coffee Hour CH 2:00 Reminiscing about Ice cream  4:00 In Room 1-1's	20) 9:00 Morning Visits 10:00 Memory Games 2:00 Movie Day JHR 4:00 In Room 1/1s Family/ Friends
21) Morning Visits 10:00 In Room Activity 3:00 Church Services David Jeramiah JHR Family / Friend Visits	22) Beauty Shop 10:00 Coffee Hour CH 10:30 Card Games 1-1 2-3:30 BINGO JHR 4:00 In Room Visits	23) 9:00 Morning Visits 9:30 Pet Visits 10:00 Manicures CH 2:00 Parachute Game 4:00 In Room Activity	24) 9:00 Morning Visits 10:00 Exercise CH 1-3pm Spiritual Visits 2:00 Mens Group CH 4:00 In Room Activity	25) 9:00 Morning Visits 10:00 Traveling Library Cart- All Floors 2:00 Red Hat Social 4:00 In Room Activity.	26) 9:00 Morning Visits 10:00 Coffee Hour CH 1:00 Walmart Trip 2:00 Dominoes CH 4:00 In Room 1/1s	27) 9:00 Morning Visits 10:00 Art Bingo CH 2:00 Elvis JHR 4:00 In Room 1/1s Family/ Friends
28) Morning Visits 10:00 Sunday Morning Coffee Social CH 3:00 Church Services Pastor Lancaster JHR Family / Friends Visits	29) Memorial Day 9:00 Morning Visits 10:00 Coffee Hour 10:30 Puzzle Club LT 2-3:30 BINGO JHR 4:00 In Room Visits	30) 9:00 Morning Visits 9:30 Pet Visit 10:00 Manicures CH 2:00 Chess Club CH 4:00 In Room Activity	31) 9:00 Morning Visits 10:00 Craft's CH 1-3pm Spiritual Visits 2:00 Entertainment With Takes Two LT 4:00 In Room Activities			Calendars Are Subject To Change