


















Sterling Care South Mountain

July Activities Calendar 2022

National Watercolor Month

National Social Wellness Month



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activities are subject to change. Some activities are held in JHR & Units.</p>	 <p>Happy 4th of July</p>	<p>Resident Rights #5 <i>To be fully informed by a doctor of his or her medical condition, unless the doctor decides it would be against the patient's best interests, and to participate in the planning of treatment.</i></p>			<p>1) National Gingersnap Day Current Events 10am Dominoes 2pm Resident Council JHR 3pm Food Council JHR</p> 	<p>2) Morning Rounds 11am 1 & 1 Visits 2pm BINGO</p>
<p>3) Good Morning Rounds Family/Friends Visits 2pm Bob Butler</p>	<p>4) Independence Day Beauty Shop Morning Rounds 10am Poetry 11am Pen Pals 2pm 4th of Party</p> 	<p>5) National Gram Cracker Day Morning Rounds 9am Pet Visits 10am Spa Day 2pm Water Color Painting 4pm 1:1's</p> 	<p>6) Morning Rounds 10am Walking with Residents 1pm –3pm Spiritual Visits 2pm Birthday Party! 4pm 1:1's</p> 	<p>7) Morning Rounds 10am Traveling Library 2-3:30pm BINGO</p>	<p>8) Current Events 10am Memory Game 2pm Art BINGO 4pm 1:1's</p> 	<p>9) Morning Rounds 11am 1:1 Visits 2pm Movie Day!</p>
<p>10) Good Morning Rounds Family/Friends Visits 3:30pm Paster Farley JHR</p>	<p>11) National Blueberry Muffin Day Beauty Shop Morning Rounds 10am BINGO 2-3:30pm BINGO</p>  	<p>12) National Eat Jell-O Day Morning Rounds 9am Pet Visits 10am Spa Day 2pm Singing with Kathleen</p> 	<p>13) National French Fry Day Morning Rounds 10am Word Games 1pm –3pm Spiritual Visits/ Bible Study 2pm Trivia 4pm 1:1's FULL MOON</p>  	<p>14) Morning Rounds 10am Chair Exercise 3pm Gospel Strings</p>	<p>15) Current Events 10am Cards 2pm Resident Council Voting</p>	<p>16) Morning Rounds 9:30am 1:1 Visits 10am Drawing 2pm Ball Tossing Game</p>
<p>17) Good Morning Rounds Family/Friends Visits 3pm Virtual On Line Services</p>	<p>18) National Amazon Prime Day Beauty Shop Morning Rounds 10am Table Games 2-3:30pm BINGO</p>	<p>19) Morning Rounds 9am Pet Visits 10am Spa Day 2pm Lady's Tea 4pm 1:1's</p> 	<p>20) National Lollipop Day Morning Rounds 10am Today in History 1pm –3pm Spiritual Visits 2pm Seniorita Sunshine 4pm 1:1's</p> 	<p>21) Morning Rounds 10am Chair Dancing 2-3:30pm BINGO</p>	<p>22) Current Events 10am Table Games 2pm Men's Group 4pm 1:1's</p> 	<p>23) Morning Rounds 11am 1 & 1 Visits 2pm BINGO</p>
<p>24) /31) Good Morning Rounds Family/Friends Visits 3:30pm Church Services with Paster Lancaster JHR</p>	<p>25) Beauty Shop Morning Rounds 10am Story Telling 2pm Takes 2 Concert</p>	<p>26) Morning Rounds 9am Pet Visits 10am Spa Day 2pm Wellness Activity</p>	<p>27) National Love is Kind Day Morning Rounds 10am Discussion on Kindness 1pm –3pm Spiritual Visits 4pm 1:1's</p> 	<p>28) Morning Rounds 10am Chair Yoga 2-3:30pm BINGO</p>	<p>29) Current Events 10am Coffee & Greet Residents 2pm Movie Day!</p>	<p>30) Morning Rounds 9:30am 1:1 Visits 10am Painting 2pm Movie Day!</p>