

Forest Hill Health & Rehabilitation Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WORLD LAUGHTER DAY 1 8:45 FHHRC Daily Gazette Delivery 10-6 Visitor Hours & Activity Carts Available/Independent Activities	RID AL-FITA (SUNDOWN) 2 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Distribution of May Handouts (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	JAMES BROWN DAY 3 8:45 FHHRC Daily Gazette Delivery 9:30 Hair Salon Open (to 3 p.m.)* 10:00 Morning Announcements 2:00 Trivia (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	STAR WARS DAY 4 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Bingo Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	CIRCO DE MATO 5 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 10:45 Catholic Mass/Communion & Rosary (All Units) & Communion Distribution (All Units) 2:00 1:1* / iN2L Tablets* / Activity Cart* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	OM-PAR-PAR/TUDA DAY 6 8:45 FHHRC Daily Gazette & Weekly Menus Delivery 10:00 Morning Announcements 2:00 Mother's Day Gathering (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	KENTUCKY DERBY DAY 7 10-6 Visitor Hours & Activity Carts Available/Independent Activities
MOTHER'S DAY/NSHCW 8 10-6 Visitor Hours & Activity Carts Available/Independent Activities HAPPY MOTHER'S DAY!	BILLY JOEL DAY 9 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	FRED ASTAIRE DAY 10 8:45 FHHRC Daily Gazette Delivery 9:30 Hair Salon Open (to 3 p.m.)* 10:00 Morning Announcements 2:00 Trivia (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	MAY'S RECEPTIONISTS DAY 11 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Bingo Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	KATHARINE HEPBURN'S B'DAY 12 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 HCPL Silver Reader Program 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	TOP GUN DAY 13 8:45 FHHRC Daily Gazette & Weekly Menus Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	MAY'S ARCHERY DAY 14 10-6 Visitor Hours & Activity Carts Available/Independent Activities
MAY'S CHOCOLATE CHIP DAY 15 10-6 Visitor Hours & Activity Carts Available/Independent Activities	PEEL MOON - "FLOWER MOON" 16 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Resident Council Meets (members only) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	SENIOR CITIZENS DAY 17 8:45 FHHRC Daily Gazette Delivery 9:30 Hair Salon Open (to 3 p.m.)* 10:00 Morning Announcements 2:00 Bingo Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	PERRY COMO DAY 18 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	ICE CREAM DAY 19 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Ice Cream Traveling Cart (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	CHEN DAY 20 8:45 FHHRC Daily Gazette & Weekly Menus Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart / Take-Out Menu Items* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	ARMED FORCE DAY/147th PARASOLES 21 10-6 Visitor Hours & Activity Carts Available/Independent Activities
SHERLOCK HOLMES DAY 22 10-6 Visitor Hours & Activity Carts Available/Independent Activities	WORLD TURTLE DAY 23 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart / Take-Out Menu Items* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	MAY'S BROTHER'S DAY 24 8:45 FHHRC Daily Gazette Delivery 9:30 Hair Salon Open (to 3 p.m.)* 10:00 Morning Announcements 2:00 Trivia Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	MAY'S TAP DANCE DAY 25 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Bingo Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	JOHN WAYNE DAY 26 8:45 FHHRC Daily Gazette Delivery 10:00 Morning Announcements 2:00 Monthly Birthday Celebration Group Activity (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	1-1 DAY 27 8:45 FHHRC Daily Gazette & Weekly Menus Delivery 10:00 Morning Announcements 2:00 1:1* / iN2L Tablets* / Activity Cart* 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	MAY'S HAMBURGER DAY 28 10-6 Visitor Hours & Activity Carts Available/Independent Activities M-T
INDIANAPOLIS 500 MILE RACE 29 10-6 Visitor Hours & Activity Carts Available/Independent Activities	MEMORIAL DAY 30 10-6 Visitor Hours & Activity Carts Available/Independent Activities HAPPY MEMORIAL'S DAY!	CLINT EASTWOOD DAY 31 8:45 FHHRC Daily Gazette Delivery 9:30 Hair Salon Open (to 3 p.m.)* 10:00 Morning Announcements 2:00 Distribution of June Handouts (All Units) 4:30 Afternoon Announcements / Movie* 5:00 Independent Activity / Evening Activity Cart* (to 10 p.m.)	<h1>MAY 2022</h1>			

Programming Notes

- Symbol Key**
 * Indicates In-Room Activity
 ♦ Indicates by Appointment Only

For Everyone's Safety
 Surgical masks must be worn and social distancing must be practiced when outside of residents' rooms.

Hair Salon ♦
 Must be scheduled in advance with the Front Desk at 410-838-0101.

In-Room Movies*
 Available on Channel 6.

Monthly Birthday Celebrations*
 Individual birthdays are celebrated on residents' actual birthdays, and at the of each month there will be a group celebration, conditions permitting.

Resident Council News*
 Council news will be shared via handouts and in-room announcements.

Evening Activity Cart* / 1:1 Visits*
 If desired, individual Activity Cart items may be requested from evening nurses/sides and Activity staff will visit residents throughout the week.

Monthly Handouts* / Mail & Parcel Deliveries*
 Monthly newsletters, calendars, and Gazette Activity Packets will be delivered personally to each resident, and all mail, packages, and items dropped off by loved ones are delivered daily.

All activities are subject to change.