

# Bethesda Health & Rehabilitation Center

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

# APRIL 2022

<b>WORLD PARTY DAY 3</b> 10:00 Coffee & Inspirational Music (D) <b>11:00 Pastor Royes (D)</b> 1:00 Sunday Quiz (M) 2:00 Gospel Music (D) 3:00 Sunday Trivia (M) 4:00 Afternoon Stroll (TBA)	<b>INTERNAT'L CARROT DAY 4</b> 10:00 Coffee & News (D) 11:00 Monday Trivia (M) 11:30 Monday Quiz (F) <b>2:00 Movie Matinee (M)</b> 3:00 You Be the Judge (D) 4:00 Table Games (M) 5:00 Activity of Choice	<b>PIERRELL WILLIAMS B'DAY (1973) 5</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) <b>2:00 Fresh Baked Goodies (M)</b> <b>3:00 Bingo (D)</b> <b>3:15 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Table Games (M)	<b>MAY'L TARTAN DAY 6</b> 10:00 Coffee & News (D) 11:00 Trivia Challenge (M) 11:15 Brain Games (F) <b>2:00 Movie Matinee (M)</b> <b>3:00 Calendar Review (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>NAT'L BEER DAY 7</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) 2:00 Reminiscing (M) <b>2:30 Bingo (D)</b> <b>2:30 Bingo (F)</b> <b>4:00 Bible Study w/ Ms. Yobi (D)</b> 6:00 Table Games (M)	<b>APRIL FOOLS' DAY 1</b> 10:00 Coffee & News (D) 11:00 Friday Trivia (F) 11:30 Exercise w/Music (M) <b>2:00 Matinee Movie (M)</b> <b>3:30 Cheese &amp; Crackers (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>RAMADAN BEGINS SUNDOWN 2</b> 10:00 Saturday Devotions (D) 11:00 Trivia Challenge (M) <b>2:00 Bingo (D)</b> <b>3:30 Saturday at the Movies (M)</b>
<b>PALM SUNDAY 10</b> 10:00 Coffee & Inspirational Music (D) 1:00 Sunday Quiz (M) 2:00 Gospel Music (D) <b>3:00 Palm Sunday Trivia (M)</b> 4:00 Afternoon Stroll (TBA)	<b>NAT'L PET DAY 11</b> 10:00 Coffee & News (D) 11:00 Monday Trivia (M) 11:30 Monday Quiz (F) <b>2:00 Movie Matinee (M)</b> 3:00 You Be the Judge (D) 4:00 Table Games (M) 5:00 Activity of Choice	<b>WORLD HAMSTER DAY 12</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) <b>2:00 Bingo (D)</b> <b>3:00 Learning About Ramadan w/Mrs. Khan (M)</b> <b>3:15 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Arts & Crafts (M)	<b>NAT'L SCRABBLE DAY 13</b> 10:00 Coffee & News (D) 11:00 Trivia Challenge (M) 11:15 Brain Games (F) <b>2:00 Movie Matinee (M)</b> <b>3:00 Resident Council (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>NAT'L DOLPHIN DAY 14</b> 10:00 Coffee & News (D) <b>11:00 Easter Egg-Dyeing &amp; Basket-Making (D)</b> 2:00 Sentimental Reflections (M) <b>2:30 Bingo (D)</b> <b>2:30 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Sip 'n' Paint (M)	<b>PASCHER SWEET/GOOD FRIDAY 15</b> 10:00 Coffee & News (D) <b>11:00 Passover Trivia (F)</b> 11:30 Exercise w/Music (M) <b>2:00 Bible Stories Movie Matinee (M)</b> <b>3:30 Good Friday Discussion (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>SAVE THE ELEPHANT DAY 16</b> 10:00 Saturday Devotions (D) 11:00 Trivia Challenge (M) <b>2:00 Bingo (D)</b> <b>3:30 Saturday at the Movies (M)</b>
<b>EASTER SUNDAY 17</b> 10:00 Coffee & Inspirational Music (D) <b>11:00 Pastor Royes (D)</b> <b>1:00 Easter Basket Distribution (All)</b> 2:00 Gospel Music (D) <b>3:00 Easter Trivia (M)</b> 4:00 Afternoon Stroll (TBA)	<b>NAT'L YOUNGER APPRECIATION WEEK 18</b> 10:00 Coffee & News (D) 11:00 Monday Trivia (M) 11:30 Monday Quiz (F) <b>2:00 Easter Egg Hunt (M)</b> 3:00 You Be the Judge (D) 4:00 Table Games (M) 5:00 Activity of Choice	<b>NAT'L GARLIC DAY 19</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) <b>2:00 Fresh Baked Goodies (M)</b> <b>3:00 Bingo (D)</b> <b>3:15 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Table Games (M)	<b>NAT'L LOOK ALIKE DAY 20</b> 10:00 Coffee & News (D) 11:00 Trivia Challenge (M) 11:15 Brain Games (F) <b>2:00 Movie Matinee (M)</b> 3:00 Puzzle Games (M) 4:00 One-to-One Visits 5:00 Activity of Choice	<b>NAT'L KINDERGARTEN DAY 21</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) 2:00 Sentimental Reflections (M) <b>2:30 Bingo (D)</b> <b>2:30 Bingo (F)</b> <b>4:00 Bible Study w/ Ms. Yobi (D)</b> 6:00 Movie & Popcorn (M)	<b>EARTH DAY 22</b> 10:00 Coffee & News (D) 11:00 Friday Trivia (F) 11:30 Exercise w/Music (M) <b>2:00 Matinee Movie (M)</b> <b>3:30 Earth Day Gardening (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>WORLD BOOK DAY 23</b> 10:00 Saturday Devotions (D) 11:00 Trivia Challenge (M) <b>2:00 Bingo (D)</b> <b>3:30 Saturday at the Movies (M)</b>
<b>BARRA STRAID'S B'DAY (1948) 24</b> 10:00 Coffee & Inspirational Music (D) 1:00 Sunday Quiz (M) 2:00 Gospel Music (D) 3:00 Sunday Trivia (M) 4:00 Afternoon Stroll (TBA)	<b>WORLD PENGUIN DAY 25</b> 10:00 Coffee & News (D) 11:00 Monday Trivia (M) 11:30 Monday Quiz (F) <b>2:00 Movie Matinee (M)</b> 3:00 You Be the Judge (D) 4:00 Table Games (M) 5:00 Activity of Choice	<b>NAT'L AUDUBON DAY 26</b> 10:00 Coffee & News (D) <b>11:00 Bingo (D)</b> 11:30 Exercise Group (F) <b>2:00 Food Committee (M)</b> <b>3:00 Learning About Ramadan w/Mrs. Khan (M)</b> <b>3:15 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Arts & Crafts (M)	<b>NAT'L TELL A STORY DAY 27</b> 10:00 Coffee & News (D) 11:00 Trivia Challenge (M) 11:15 Brain Games (F) <b>2:00 Movie Matinee (M)</b> 3:00 Puzzle Games (M) 4:00 One-to-One Visits 5:00 Activity of Choice	<b>NAT'L SUPERHERO DAY 28</b> 10:00 Coffee & News (D) 11:00 Brain Games (M) 11:30 Exercise Group (F) 2:00 Sentimental Reflections (M) <b>2:30 Bingo (D)</b> <b>2:30 Bingo (F)</b> 4:00 One-to-One Visits 6:00 Table Games (M)	<b>INTERNAT'L DANCE DAY 29</b> 10:00 Coffee & News (D) 11:00 Event Preparation 12:30 Monthly Birthday Party & Cookout (D) <b>2:00 Matinee Movie (M)</b> <b>3:30 Cheese &amp; Crackers (D)</b> 4:00 One-to-One Visits 5:00 Activity of Choice	<b>INTERNAT'L JAZZ DAY 30</b> 10:00 Saturday Devotions (D) 11:00 Trivia Challenge (M) <b>2:00 Bingo (D)</b> <b>3:30 Saturday at the Movies (M)</b>

**April is . . .**

- National Humor Month
- World Autism Awareness Month
- Parkinson's Awareness Month
- Deafcat Diabetes Month
- Stress Awareness Month
- National Decorating Month
- National Jazz Appreciation Month
- National Poetry Month
- National Garden Month

**RESIDENTS MUST WEAR MASKS AND MAINTAIN 6 FT. DISTANCE WHEN NOT IN THEIR ROOMS.**

**SMALL GROUP LIMITS**  
All activities held in the Multipurpose Room are limited to 10 participants.

**GETTING OUTDOORS**  
Some activities may be held outdoors, weather permitting.

**MAIL DELIVERY**  
Daily, Monday-Saturday

**EXPANDED RELIGIOUS PROGRAMING**  
Sundays on Channel 32

**LOCATION GUIDE**

- C ~ Chesapeake
- D ~ Main Dining Room
- F ~ Freedom
- M ~ Multipurpose Room
- FM ~ Freedom Media Room
- R ~ Rosemary
- S ~ Shenandoah

*This schedule is subject to change.*