




Sterling Care South Mountain January Activities Calendar 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Calendars are subject to change			Some events & activities are held in the JHR room		1) Happy New Year 9am Morning Visits 10am 1 & 1 Visits 3:30pm Staff Choice Activity
2) 9am Good Morning Visit 10am Activities on Manor 3pm Church Services with Bob Butler/Second chances JHR	3) 9am Morning Rounds 10am Poetry Writing 2-3:30pm BINGO	4) Beauty Shop 9am Pet Visits 10am Chair Dancing w/scarfs Lunch with Residents 1:30pm Pen Pal Writing with Residents	5) National Bird Day 9am Morning Rounds 10am Today in History 1pm –3pm Spiritual Visits 2pm Drawing with Anna	6) 9am Morning Rounds 10am Bowling Lunch with Residents 1:30-3:30pm BINGO	7) 9am Daily News 10am Coffee & Greet Residents & 1 –1 visits 2pm Resident Council JHR	8) 9am Morning Visits 10am 1 & 1 Visits 3:30pm Ball Game
9) 9am Good Morning Visit 10am Activities on Manor 3pm Church Services JHR	10) Beauty Shop 9am Morning Rounds 10am Chair Exercise 2-3:30pm BINGO	11) 9am Pet Visits 10:30am Spa Day Lunch with Residents 2pm Bubbles	12) 9am Morning Rounds 10am Traveling Library ALL 1pm –3pm Spiritual Visits 2pm Lady’s Tea	13) 9am Morning Rounds 10am Walking with Residents Lunch with Residents 3pm Gospel Strings JHR	14) 9am Daily News 10am Coffee & Greet Residents & 1 –1 2pm Food Council JHR	15) 9am Morning Visits 10am 1 & 1 Visits 2pm Elvis
16) 9am Good Morning Visit 10am Activities on Manor 3pm Church Services with Pastor Hartman JHR	17) Beauty Shop 9am Morning Rounds 10am Ring Toss 2pm Takes Two	18) 9am Pet Visits 10am Art History Lunch with Residents 2pm Noodle Ball	19) National Popcorn Day 9am Morning Rounds 10am Today in History 1pm –3pm Spiritual Visits 2pm Movie & Popcorn	20) 9am Morning Rounds 10am Today in History Lunch with Residents 1:30-3:30pm BINGO	21) 9am Daily News 10am Dominos 2pm Men's Club	22) 9am Morning Visits 10am 1 & 1 Visits 3:30pm Music is Fun!
23) & 30) 9am Good Morning Visit 10am Activities on Manor 3:30pm Church Services with Paster Lancaster JHR	24) & 31) Beauty Shop 9am Morning Rounds 10am Music Time 2-3:30pm BINGO	25) 9am Pet Visits 10am Spa Day Lunch with Residents 1:30pm Snack Cart	26) 9am Morning Rounds 10am Traveling Library ALL 1pm –3pm Spiritual Visits 2pm Boonsboro Store	27) 9am Morning Rounds 10am 1 –1 visits Lunch with Residents 2-3:30pm BINGO	28) 9am Daily News 10am Table Games 2pm Art Project	29) National Puzzle Day 9am Morning Visits 10am Do Puzzles 2pm Movie Saturday